



Montgomery Dive Club

A Registered USA and AAU Diving Club

November 15, 2011

Divers, parents, and friends,

Enclosed please find the latest version of the Winter 2011-12 Montgomery Dive Club (MDC) session information.

The fall session was a big hit, and many of the divers came out to George Mason University on November 13th for the GMU Novice Invitational. Great job divers!

This session will continue to see Coaches Patrick Meck and Wes Mattice leading the Human Springs and High School programs at the newly renamed Kennedy/Shriver Aquatic Center (formerly MAC). At MLK we will be bringing in a terrific new coach - Bryan Godfrey is going to join us fresh from completing his degree in Physical Education at WVU. Amanda will still be around, but she has a day job that makes getting to the pool tough. At Germantown you will continue to see Charlotte (Sharkey) Wright with the Human Springs and High School programs. At Olney we are planning to have Bryan Godfrey on Mondays, and we are still sorting out that Wednesday class. More on that soon....

Whatever pool you go to, we really appreciate having you in our program. Keep up the good work, and use this upcoming session as a chance to earn a few more certificates - keep leveling up!

If this is your first session with MDC, please remember: ALL DIVERS must be registered with AAU and All Human Springs TEAM members must pay annual family membership fee. For details see our "How to Register Online" page below.

Thanks!

Doug

Doug Beavers, Program Director
Montgomery Dive Club
www.montgomerydiveclub.org
MDCBeavers@gmail.com

**Winter Session 2011: Starts Monday, December 5th, Ends Sunday March 4th
Registration now open**

Human Springs Lessons

Group	Ages	Time	Days	Site	Max	Cost	Course Code
1-day/week	6-14	4:00-4:45 pm	M	GISC	8	\$120	319873
1-day/week	6-14	4:45 – 5:30 pm	M	GISC	8	\$120	319874
1-day/week	6-14	4:00-4:45 pm	T	GISC	8	\$120	319878
1-day/week	6-14	4:45 – 5:30 pm	T	GISC	8	\$120	319879
1-day/week	6-14	4:00-4:45 pm	W	GISC	8	\$120	319880
1-day/week	6-14	4:45 – 5:30 pm	W	GISC	8	\$120	319881
1-day/week	6-14	4:00-4:45 pm	Th	GISC	8	\$120	319882
1-day/week	6-14	4:45 – 5:30 pm	Th	GISC	8	\$120	319883
1-day/week	6-14	4:00-4:45 pm	Fr	GISC	8	\$120	319884
1-day/week	6-14	4:45 – 5:30 pm	Fr	GISC	8	\$120	319885
1-day/week	6-14	4:00-4:45 pm	M	KSAC	8	\$120	319886
1-day/week	6-14	4:45 – 5:30 pm	M	KSAC	8	\$120	319887
1-day/week	6-14	4:00-4:45 pm	T	KSAC	8	\$120	319888
1-day/week	6-14	4:45 – 5:30 pm	T	KSAC	8	\$120	319889
1-day/week	6-14	4:00-4:45 pm	W	KSAC	8	\$120	319890
1-day/week	6-14	4:45 – 5:30 pm	W	KSAC	8	\$120	319891
1-day/week	6-14	4:00-4:45 pm	Th	KSAC	8	\$120	319895
1-day/week	6-14	4:45 – 5:30 pm	Th	KSAC	8	\$120	319896
1-day/week	6-14	4:00-4:45 pm	Fr	KSAC	8	\$120	319892
1-day/week	6-14	4:45 – 5:30 pm	Fr	KSAC	8	\$120	319893
1-day/week	6-14	10:30–11:15 am	Sun	MLK	8	\$120	319894
1-day/week	6-14	11:15 – Noon	Sun	MLK	8	\$120	319897
1-day/week	6-14	4 – 4:45 pm	M	OSC	8	\$120	319875
1-day/week	6-14	5 – 5:45 pm	M	OSC	8	\$120	319876
1-day/week	6-14	5-5:45 pm	W	OSC	8	\$120	319877

NOTE: Montgomery Aquatic Center has been renamed the Kennedy Shriver Aquatic Center (KSAC)

Human Springs Team

Group	Ages	Time	Days	Site	Max	Cost	Course Code
1-day/week	6-18	6:00 - 7:30 pm	M	GISC	16	\$240	320777
1-day/week	6-18	6:00 - 7:30 pm	T	GISC	16	\$240	320780
1-day/week	6-18	6:00 - 7:30 pm	W	GISC	16	\$240	320781
1-day/week	6-18	6:00 - 7:30 pm	Th	GISC	16	\$240	320782
1-day/week	6-18	6:00 - 7:30 pm	F	GISC	16	\$240	320783
1-day/week	6-18	6:00 - 7:30 pm	M	KSAC	16	\$240	320762
1-day/week	6-18	6:00 - 7:30 pm	T	KSAC	16	\$240	320763
1-day/week	6-18	6:00 - 7:30 pm	W	KSAC	16	\$240	320765
1-day/week	6-18	6:00 - 7:30 pm	Th	KSAC	16	\$240	320775
1-day/week	6-18	6:00 - 7:30 pm	F	KSAC	16	\$240	320767
1-day/week	6-18	8:30 - 10 am	Sun	KSAC	8	\$240	320784
1-day/week	6-18	6:00 - 7:30 pm	T	MLK	8	\$240	320768
1-day/week	6-18	6:00 - 7:30 pm	Th	MLK	8	\$240	320776
1-day/week	6-18	5:30 - 7:00 pm	T	MLK	8	\$240	320769
1-day/week	6-18	5:30 - 7:00 pm	Th	MLK	8	\$240	320770
1-day/week	6-18	7:00 - 8:30 pm	Sat	MLK	8	\$240	320771
1-day/week	6-18	9:00 - 10:30 am	Sun	MLK	8	\$240	320772
1-day/week	6-18	6:00 - 7:30 pm	M	OSC	8	\$240	320773
1-day/week	6-18	5:45 - 7:15	W	OSC	8	\$240	320774

NOTE: Montgomery Aquatic Center has been renamed the Kennedy Shriver Aquatic Center (KSAC)

Human Springs Team - Homeschool Edition

Group	Ages	Time	Days	Site	Max	Cost	Course Code
1-day/week	6-18	1 - 2:30 pm	M	GISC	8	\$240	320778
1-day/week	6-18	1 - 2:30 pm	W	GISC	8	\$240	320779
1-day/week	6-18	1 - 2:30 pm	F	GISC	8	\$240	320785

High School Diving

Group	Ages	Time	Days	Site	Max	Cost	Course Code
1-day/week	13-18	8:00 - 9:30 pm	M	KSAC	7	\$240	319861
1-day/week	13-18	8:00 - 9:30 pm	Th	KSAC	7	\$240	319862
1-day/week	13-18	8:30 - 10 pm	M	GISC	8	\$240	319863
1-day/week	13-18	8:30 - 10 pm	W	GISC	8	\$240	319864

NOTE: Montgomery Aquatic Center has been renamed the Kennedy Shriver Aquatic Center (KSAC)

Masters Diving

Group	Ages	Time	Days		Max	Cost	Course Code
1-day/week	19-99	8:00–9:30 pm	M	KSAC	3	\$240	319865
1-day/week	19-99	8:00–9:30 pm	Th	KSAC	3	\$240	319866

Guest Diving – Invitation Only

Group	Ages	Time	Days	Site	Max	Cost	Course Code
1-day/week	8-25	8:30 – 10:00 pm	M	KSAC	10	\$180	319856
1-day/week	8-25	8:30 – 10:00 pm	Th	KSAC	10	\$180	319857
1-day/week	8-25	8:00 – 10:00 am	Sun	KSAC	10	\$180	319855
1-day/week	8-25	8:30 – 10:00 pm	M	GISC	10	\$180	319860
1-day/week	8-25	5:15 – 7:15 pm	T	GISC	10	\$180	319858
1-day/week	8-25	8:30 – 10:00 pm	Th	GISC	10	\$180	319859

NOTE: Montgomery Aquatic Center has been renamed the Kennedy Shriver Aquatic Center (KSAC)

National Team - Invitation Only

Group	Site	Days Offered	Time	Cost	Course Code
National Team	KSAC	See options below	See options below	\$1150	319867
	KSAC	M-F	3:30-6:30		
	KSAC	MWF	5:30 – 8:30		
National Team	GISC	See options below	See options below	\$1150	319868
	GISC	M-F	3:30 – 6:30		
	GISC	Sun	7:30 – 10am		

NOTE: Montgomery Aquatic Center has been renamed the Kennedy Shriver Aquatic Center (KSAC)

National Development - Invitation Only

Group	Site	Days Offered	Time	Cost	Course Code
National Development	KSAC	See options below	See options below	\$650	319872
	KSAC	MWF	4-6 pm		
	KSAC	T, Th	6-8 pm		
National Development	GISC	See options below	See options below	\$650	319871
	GISC	MWF	6-8 pm		
	GISC	T, Th	4-6 pm		
	GISC	Sun	7:30 – 10am		

NOTE: Montgomery Aquatic Center has been renamed the Kennedy Shriver Aquatic Center (KSAC)

How to Register Online for MDC Courses

Step One: Select your Classes

Go to www.montgomerydiveclub.org and download the current Session Information on the front page to determine which classes you want to sign up for. You will need the course codes listed in the Session Information.

Step Two: Register with RecWeb (If you have already done this skip to step two)

To register with RecWeb, click on the link below and follow the directions.

[RecWeb Registration](#)

Step Three: Register for your Course

To register for classes click the link below:

[Course Registration](#)

- Once you are there, you can simply type the course numbers for the classes you want to join from the list above.
- Hit the "GO" button and you should see the course details.
- Click "Add" to add the course to your cart.
- Repeat until you have added all of the courses you want then continue to the payment process.

Step Four: Register with AAU

****ALL participants must register for AAU before beginning classes****

- Go to: <https://secure.aausports.org/aaustore/register/athlete2.asp>
- Fill out the registration form
- Include Club Code: XTBF98, and Club Name: Montgomery Dive Club

Step Five: Pay Membership Fees

Families registering for Human Springs Team NDP and NTP must also pay an annual membership fee to defray the cost of coach travel, equipment and insurance fees. Our year is from September - August.

This is an annual fee paid directly to Built by Beavers LLC, the parent company of Montgomery Dive Club.

Membership Fee Schedule:

- Human Springs Team - \$100/family
- NTP Prep - \$200/family
- NTP - \$300/family

Please send a check payable to:

"Built By Beavers LLC"
5517 Southampton Drive
Springfield, VA 22151

Step Six: Get on the MDC Directory

We have hundreds of divers training at four different location 7 days a week. In order to communicate effectively with everyone, we have to get your updated contact information. Because of privacy policies, the county cannot give us your full contact information, so we must collect it from you via our Web site.

- Go to www.montgomerydiveclub.org
- Click on "How to Register"
- Click Membership Directory
- Fill in your contact information and hit "Submit"



Montgomery Dive Club

A Registered USA and AAU Diving Club

Calendar of Events - 2011-2012

October 2011

10/7–9: GISC - No Diving, Sunday am NTP and NDP at MAC

November 2011

11/4–6: MLK - No Friday, Saturday or Sunday Diving

11/13: GMU Invitational, Fairfax VA, Human Springs

11/13: GISC - No Diving, Sunday NTP & NDP at MAC

11/15: Winter Registration opens @ 6:30 am

11/19-20: MDC Invitational @ MAC - NDP & NTP

11/20: MAC Sun am Human Springs moved to GISC

11/23: OSC – No Wednesday Diving

11/24-27: All Pools - No Human Springs Diving

11/30 - 12/4: Hobie Invitational - Indianapolis, IN - Select NTP/NDP

December 2011

12/4: Last day of Fall Session

12/5: First Day of Winter Session

12/10-11: Jersey Rebel Invite, Ewing, New Jersey - Select NDP/NDP

12/15-16: USA Diving Senior Prelims, Knoxville, TN - Select NTP

12/17-22: USA Diving Senior Nationals, Knoxville, TN - Qualifiers

12/24-31: All Pools - No Diving

January 2012

1/1: All Pools - No Diving

1/20–22: MLK - No Friday, Saturday or Sunday Diving

1/29: GISC - No Diving, Sunday am NTP & NDP at MAC

February 2012

2/8 –10: GISC - No Diving

2/13: Spring Registration opens @ 6:30 am

2/16–17: MAC - No Diving

2/18: MLK - No Diving

2/19: MAC - No Diving

2/26: GISC - No Diving, Sunday NTP & NDP at MAC

March 2012

3/3: Human Springs Invitational, Location TBD
3/4: Winter Session Ends
3/5: Spring Session Begins

3/9-11: USA Diving Regional Champs, New Canaan CT, All NDP & NTP
Second Regional Site and Date TBD
3/23-25: GISC - No Diving Friday, Sunday NTP & NDP at MAC

April 2012

4/2-15: All Pools - Spring Break and East Nationals, No Diving
4/13-15 East Nationals @ MAC - All NTP and NDP Compete

May 2012

5/4-6: MAC - No Diving
5/21: Summer Registration opens @ 6:30 am

June 2012

6/1-3: MAC - No Diving
6/1 -3: Carolina Big Dive, Huntersville NC - NTP & NDP
6/8-10: USA Diving Regional Champs, Chapel Hill NC/Purchase NY - All NTP & NDP
6/9: Human Springs Invitational, Location TBD

6/10: Spring Session Ends
6/11: Summer Session Begins
6/17-24: Olympic Trials, Federal Way, WA, Qualifiers

July 2012

7/12-15: USA Diving Junior Zones, Christiansburg VA/Bloomington, IN - Qualifiers
7/12-15: USA Olympic Team Training, MAC/GISC (Tentative)
7/20-22: USA Diving National Prelims, TBD, Select NTP
7/27-8/12: Olympic Games, London, GBR

August 2012

8/2-4: USA Diving Age Group Nationals - Greensboro, NC, Qualifiers
8/5-10: USA Diving Junior Nationals - Greensboro, NC, Qualifiers
8/14-19: USA Diving Senior Nationals - Greensboro, NC, Qualifiers

8/11: Year-End MDC Celebration Meet, Location TBD
8/12: Summer Session Ends

September 2012

9/10: NDP & NTP Training begins for 2012-2013 Season
9/17: Human Springs, High School and Masters Diving Begins for 2012-2013